

***First Annual Living in the Anthropocene Forum
Forest Medicine & Biophilia***

March 22nd-23rd, 2019

Parco Regionale Dell'Appia Antica

Via Appia Antica 42

Rome, Italy

Nature represents an essential element for human life with implications for physical and psychological well-being, child development, social inclusion and cohesion, crime and public safety, and economic development. This Forum explores how connection with nature in its various forms, from direct contact to virtual reality and the inclusion of nature in architecture and urban planning contributes to well-being and sustainable living. The Forum will present and discuss cutting edge research and practice as well as avenues for future development.

Friday - March 22nd

Nature and Well-being: Individual and Collective Benefits

9.00 *Registration Opens*

9.30-10:00 *Welcome*

Dr. Vanja Stenius, Fondazione Appia Antica, Rome, Italy

10.00-11:00 *Keynote Speech*

Dr. Qing Li, Nippon Medical School Hospital, Tokyo, Japan

11.00 – 11.30 *Break*

11.30 - 13.00 *Impact of Forest Medicine on Physical and Psychological Well-being*

Effects of Virtual Reality Forest Environment on Mental Health

Dr. Chia-Pin Yu, National Taiwan University, Taipei, Taiwan

Nature and mental health – recovery through interaction with nature

Dr. Anna Maria Palsdottir, Swedish University of Agricultural Sciences, Uppsala, Sweden

BlueHealth – Water and well-being

Dr. Laura Mancini, Higher Institute of Health, Rome, Italy

13.00-14.00 *Lunch*

14.00 – 14.30 *Forest Bathing and Forest Therapy Applied – Benefits for Individual and Social Well-being*

Mr. Alex Gesse, Instituto de Baños de Bosque (IBB), Barcelona, Spain and European Forest Therapy Institute (EFTI)

14.30 – 15.00 *Urban Gardening: RU:URBAN Project*

Mr. Claudio Bordi, Risorse per Rome S.p.A., Rome, Italy

15.00 – 15.30 *Child Development and Nature*

Dr. Maurilio Cipparone, ReteDNA/Consorzio Universitario CURSA, Italy

15.30 – 16.00 Break

16.00 – 17.00 *Roundtable - The Future of Nature as Medicine in Urban Contexts*

Dr. Qing Li, Nippon Medical School Hospital, Tokyo, Japan

Mr. Alex Gesse, Instituto de Baños de Bosque (IBB), Barcelona, Spain and European Forest Therapy Institute (EFTI)

Dr. Maurilio Cipparone, ReteDNA and Consorzio Universitario CURSA, Italy

17.00 – 17.30 *Formal and Informal learning - the R&D project "CART-D'ORT - The Identity Card of the Urban Garden*

Dr. Patrizia Garista, PhD, Università Telematica degli Studi, Rome, Italy

Arch. Francesca Riccardo, PhD, University of Arkansas Rome Center, Rome, Italy

Dr. Giorgio Scavino, Neisos, Rome, Italy

Daniela Neal, The University of Tennessee-Knoxville, U.S.

Andonis Hughes, Thomas Jefferson University, U.S.

Steven Hollis, University of Arkansas, U.S.

Sara Elach-Hab, University of Arkansas, U.S.

Philip Warrick, University of Arkansas, U.S.

James Hull, University of Arkansas, U.S.

Mitchell Pickering, University of Arkansas, U.S.

Urbano Soto, University of Arkansas, U.S.

Saturday, March 23rd

Biophilia and Sustainable Urban Development

9.30 *Registration Opens*

10.00 - 11.00 *Biophilic Design and Sustainable Architecture*

Biophilia in WELL Building Standard

Mr. Jooyoon Kim, WELL Faculty, University College London, London, UK

Sustainable Architecture

Prof. Ettore Maria Mazzola, University of Notre Dame, Rome Global Gateway, Italy

11.00 – 11.30 *Country focus: Sweden*

Minister Counsellor Fredrik Alfer, Deputy Permanent Representative of Sweden to the Food and Agriculture Organization of the United Nations

11.30 – 11.45 *Break*

11.45 – 12.30 *City Focus: Lessons in Sustainable Urban Development and Protection of Cultural Heritage*

Assessore of Transportation and Environment Marco Granelli, City of Milan
Mayor Milvia Monachesi, City of Castel Gandolfo, Italy

12.30 – 13.00 *Business as a Force for Good: Private Enterprise in the Service of Environment and Society*

Ms. Julia Sherbakov, Fortitude Partners and B Corp Ambassador, Rome & London

13.00 - 14.00 *Lunch*

14.00 – 15.00 *Transforming Communities: Lessons from Research and Practice*

WELL Communities

Ms. Patrizia Laplana Bigott, International WELL Building Institute/ASLA Green Solutions S.L., Madrid, Spain

Smart Cities: The Life for Silver Coast Project

Prof. Gian Piero Joime, University Guglielmo Marconi, Rome, Italy

15.00 – 16.00 *Biophilic Cities*

Biourbanism approach as a new epistemological perspective between science, design and nature

Prof. Nikos Salingaros, University of Texas at San Antonio, USA

Dr. Antonio Caperna, International Society of Biourbanism, Rome, Italy

16.00 – 16.15 *Break*

16:15 - 17.30 *Roundtable – The Future of Sustainable Urban Development*

Dr. Anna Maria Palsdottir, Swedish University of Agricultural Sciences, Uppsala, Sweden

Mr. Claudio Bordi, Risorse per Rome S.p.A., Rome, Italy

Mr. Laurence Bannerman, European Parking Association and AIRPARK, Zagarolo, Italy

Prof. Gian Piero Joime, University Guglielmo Marconi, Rome, Italy

Poster Presentations: Formal and Informal learning - the R&D project "CART-D'ORT - The Identity Card of the Urban Garden

Università Telematica degli Studi, University of Arkansas Rome Center, Neisos

Daniela Neal and Andonis Hughes: Casal Brunori and Appia Antica Park - Tor Fiscale

Steven Hollis and Sara Elach-Hab: Casal Brunori and Appia Antica Park - Tor Fiscale

Philip Warrick: Casal Brunori

James Hull: Appia Antica Park - Vigna Cartoni

Mitchell Pickering and Urbano Soto: Appia Antica Park

RSVP to reserve your place register at: events@fondazioneappiaantica.org

Your generous donation is greatly appreciated

Working language: English

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Fondazione Appia Antica Inaugural Fundraiser

March 23rd, 2019, 8 p.m.

Società Cooperativa Florovivaistica del Lazio

Via Appia Antica 172

Rome

Special Guests

Antonio Tajani, President of the EU Parliament

Dr. Qing Li, Nippon Medical School Hospital, Tokyo, Japan

Milvia Monachesi, Mayor of Castel Gandolfo

Giuseppe Germani, Mayor of Orvieto

Expected Guests

Nicola Zingaretti, President of the Region of Lazio

Virginia Raggi, Mayor of the City of Rome

Carlo Colizza, Mayor of the City of Marino

Fabrizio Rita, Secretary General of the City of Ciampino

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